

Name: _____ DOB: _____ Date: _____

Please answer these 3 questions about your pain:

1. What number best describes your pain on average in the past week:										
0	1	2	3	4	5	6	7	8	9	10
No pain					Pain as bad as you can imagine					
2. What number best describes how, during the past week, pain has interfered with your enjoyment of life?										
0	1	2	3	4	5	6	7	8	9	10
Does not interfere					Completely interferes					
3. What number best describes how, during the past week, pain has interfered with your general activity?										
0	1	2	3	4	5	6	7	8	9	10
Does not interfere					Completely interferes					

Pain Location: _____

Please use colored markers to indicate type and location of your pain on the diagram below.

- Aches = Yellow
- Burning = Blue
- Stabbing = Red
- Numbness = Black
- Pins & Needles = Green

